

**Fourth: Do new things.**

10. What are some areas of life that have become lifeless?
11. What are some aspects of your faith that have become more of a duty than a joy?
12. In what ways have you relied on past methods or looked to past spiritual growth rather than looking ahead?
13. What new things will you try? (An activity? A spiritual discipline? A new friendship?)
14. What are some specific things you will do to stretch yourself?

**Fifth: Rest**

15. What are the stresses or things undone that keep you from finding true rest?
16. When will you find the time to rest?
17. What will rest look like for you? (A retreat? Physical activity? Vacation?)



**Redeem the Time**

**Sermon Notes and Takehome**

**September 26<sup>th</sup>, 2010**

Most of us would like \_\_\_\_\_.

We were redeemed for a \_\_\_\_\_.

- Unfortunately, you would never know that many Christians are \_\_\_\_\_.
- We have to work to \_\_\_\_\_.

When we allow our lives to drift into disarray, life becomes completely \_\_\_\_\_.

**Ordering Your Time:**

1. Do \_\_\_\_\_ things first. (Romans 12:2)

- Important things don't necessarily take more \_\_\_\_\_, but they \_\_\_\_\_ every area of your life.

2. Do \_\_\_\_\_ things.

- More \_\_\_\_\_ doesn't mean more life.
- \_\_\_\_\_
- Be interruptible.

3. Do \_\_\_\_\_ things. (2 Timothy 1:6-8)

- We grow most when we step out in \_\_\_\_\_ and see God come through.

4. Do \_\_\_\_\_ things. (Isaiah 43:18-19)

- When we do \_\_\_\_\_ things, we \_\_\_\_\_ ourselves.
- Wherever we go, God is \_\_\_\_\_ there.

5. \_\_\_\_\_. (Matthew 11:28-29)

- The most stressful life is the life that is \_\_\_\_\_.

### Questions for Action:

Take time for the following exercise to begin to order your time according to Kingdom priorities:

1. Pray that God would help you be honest with yourself and have the strength to follow through.

### First: Do important things.

2. If someone were to evaluate how you spend your time, what would they say is most important to you?
3. What does God say is most important?

The most important things are not always the things that take the most time, they are the things that come first—the non-negotiables.

4. What specific things will be your non-negotiables? (i.e. bible study, prayer, serving the poor, etc.)
5. When will you do them?

### Second: Do less things.

6. What, if anything, will you cut back on or stop doing?
7. When will you do this?

### Third: Do hard things.

8. What are the things you know you should do, but have been putting off? (i.e. having a difficult conversation, confessing to someone, sharing your faith, etc.)
9. What are some habits or sins you know you must stop? (Hint: don't rely on your own will-power. Find someone to help you with this.)