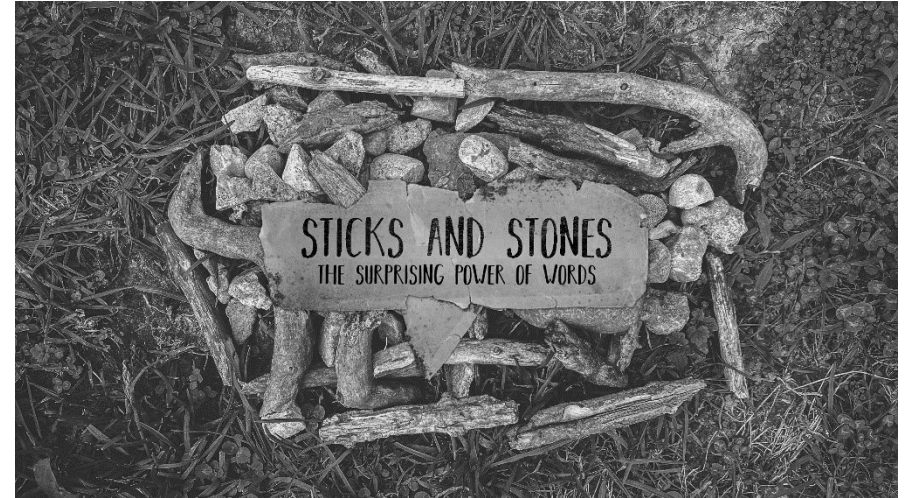


## How do we change our heart?

1. Immerse ourselves in the \_\_\_\_\_ of \_\_\_\_\_. (vs. 16)
  - Practice habits that develop the \_\_\_\_\_ of Christ.
2. Immerse \_\_\_\_\_ we \_\_\_\_\_ in the message of Christ. (vs. 17)
  - Practice habits that develop the \_\_\_\_\_ of Christ.

## Questions for Personal Reflection:

1. Is your character currently becoming more like or more unlike Christ?
2. Look at the descriptions of the character traits Paul lists. Which definition is most surprising?
3. Which comes most naturally?
4. Which do you most need to develop? How will you do this? What habits will you take on?
5. How will developing these traits impact how you use your words



## Changing the Heart

We can \_\_\_\_\_ ourselves, but we seldom act "out of \_\_\_\_\_."

"You are what you repeatedly do."

We are continually in the process of character \_\_\_\_\_.

When you change your \_\_\_\_\_, you change your \_\_\_\_\_.

### Review:

- Words are \_\_\_\_\_.
- Short-term strategy: control our \_\_\_\_\_.
- Long-term strategy: change the \_\_\_\_\_.

Followers of Jesus are called to develop a certain kind of character or heart \_\_\_\_\_.

**Scripture: Colossians 3:1-17**

**Vs 1 – The new birth is the \_\_\_\_\_, not the \_\_\_\_\_ of Christian character.**

- Now that you are a part of God’s family, you must \_\_\_\_\_ the \_\_\_\_\_.

**Vs 5 – List of \_\_\_\_\_ vices.**

- Personal sins are serious and we will be \_\_\_\_\_ according to them.

**Vs. 8 – List of \_\_\_\_\_ vices.**

**Vs 9 – Paul is talking to the \_\_\_\_\_.**

- Our common \_\_\_\_\_ should result in a common \_\_\_\_\_.

**Vs 12 – The character of followers of Jesus:**

\_\_\_\_\_ (Grk: *splanchna*) – the ability to feel \_\_\_\_\_ toward people who are suffering.

\_\_\_\_\_ (Grk: *chrestotes*) – the moral \_\_\_\_\_ to be kind and generous, even to people who don’t have it together.

\_\_\_\_\_ (Grk: *tapeinophrosune*) – a uniquely \_\_\_\_\_ virtue in the ancient world.

- Matthew 20, “You know that the rulers of the gentiles Lord it over them...but NOT SO WITH YOU!”
- Refusing to use your position, power or privilege to serve \_\_\_\_\_.

\_\_\_\_\_ (Grk: *prautes*) – the strength to use our \_\_\_\_\_ on behalf of \_\_\_\_\_.

\_\_\_\_\_ (Grk: *makrothumia*) -- the strength of character to not allow yourself to be driven to \_\_\_\_\_ or \_\_\_\_\_.

**Vs. 13 – “\_\_\_\_\_ each other and forgive one another...”**

- The ability to withstand circumstances without \_\_\_\_\_.

**Vs. 14 – “Over all these virtues, put on \_\_\_\_\_.”**

**The core question: “What kind of \_\_\_\_\_ do I want to become?”**