

# Small Groups - Prayer Ideas

Let prayer be a crucial way that your group sees God moving. One way to do that is to craft specific prayers. We are more motivated to pray when we see God answering our prayers. God will not always answer our prayers with yes. He desires to give us good things. Let's help our groups pray expectantly. For this to happen in your group, prayer will need to be more than the last few of your group time.

Here are a few ideas to encourage your group in prayer:

## 1. Group Prayer Journal

- a. Record requests in a journal for the group.
- b. Reflect on how God has answered prayer.

## 2. Select Prayer Focus

- a. The whole group unites around a prayer focus.
  - i. Examples:
    1. Greater expectation of God working in and through our lives.
    2. Greater sensitivity to the Holy spirit
    3. Respond in love and increase our capacity to love
    4. Opportunities to speak life into others.
    5. Opportunities to include someone who is being excluded.
    6. Pray to overcome a challenge: anxiety, pandemic, financial, etc.
    7. Pray to make an impact in our community like hunger, poverty, families in crisis, etc.

## 3. Sentence Prayers

- a. During prayer, each person only prays one sentence before rotating.
- b. An option could be providing a sentence structure for people to pray.
  - i. God, you are \_\_\_\_.
  - ii. God, thank you \_\_\_\_.
  - iii. God, I love you because \_\_\_\_\_.
  - iv. God, help me overcome my fear of \_\_\_\_.

## 4. Prayer Exchange

- a. Each person writes a prayer request on paper. The group picks one request to keep each other in their prayers throughout the week.
- b. An option could be using TSP for these prayer requests.
  - i. T – Thanks – share a gratitude
  - ii. S – Sorry – share area of growth, confession
  - iii. P – Please – share a request