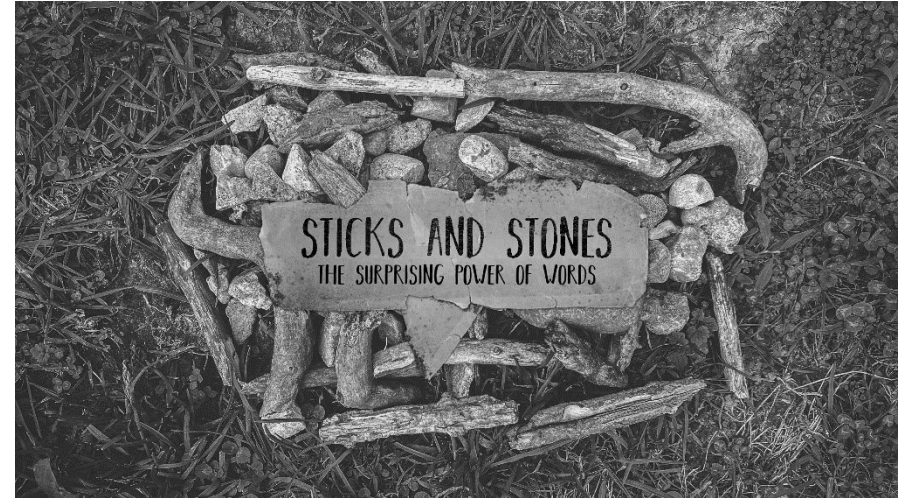


Questions for Personal Reflection:

1. Would you say you speak more like the world or like someone called by Jesus? Why?
2. Would the people in your life say you are someone who “Does not let any unwholesome talk come out of your mouth, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”
3. In what relationships is this easy for you? In which relationships is it most difficult?
4. Which of the following comes most difficult for you? Why? Which comes most naturally?
 - Saying the right thing (truth)
 - For the right reason (love or building others up)
 - To the right person (refusing to gossip)
 - At the right time (rather than too late or too soon)
 - In the right way (in a way it can be received by others)



How to Tame the Tongue

What's inside will eventually _____.

- Short-term Solution: Get better at _____ the tongue.
- Long-Term Solution: Changing our _____.

Scripture: Ephesians 4:17-32

Our _____ is to become more like Christ. (vs 1)

_____ is Paul's short-hand for unbeliever (vs 17)

- Paul is contrasting their life before _____ with their life after.

Jesus lived differently than the world, but he was _____ them, not _____ them.

“You used to give in to “deceitful _____, but that is not the way of life you learned when you heard about _____.” (vs. 20)

Take off the _____, put on the _____!

How do we do this with our words?

Take Off: _____ (sapos) talk

Put On: Words that _____ others up.

How do we do this?

1. Say the right _____

- The right content is the _____. (vs 15, 25)
- Proverbs 12:19

2. For the right _____

- “Speaking the truth in _____...” (15)
- Jesus is “full of _____ and truth.” (John 1:15)
- “that it may _____ those who listen. (vs. 29)

3. To the right _____

- Speaking the truth to the wrong person = _____
- How we speak to each other impacts the whole _____.

4. At the right _____

- Proverbs 15:23
- Our timing can be too _____ or too _____.

“Do not let the sun go down while you are angry.” (vs 26)

5. In the right _____.

- The speaker is responsible to speak in a way the hearer can _____.
- Proverbs 15:1
- Proverbs 12:18

How do you build people’s trust?

Be someone who is known for only saying things that build people up that it may benefit those who listen.